

Jr. Lifeguard Camp

El Cerrito Swim Center

Are you 13-14 years old, a good swimmer and looking for something to do this summer? Take the Junior Guard Spring Break Camp (Activity #133506) and learn what it means to be a Junior Lifeguard. Participants that successfully complete all program requirements will receive certification in American Red Cross First Aid, CPR and Basic Water Rescue and are eligible to apply as a volunteer Junior Lifeguard at the El Cerrito Swim Center for the 2018 Summer Season.



Prerequisites

- Must be comfortable in deep water
- Be able to swim 200 yards non-stop coordinated front crawl or breast stroke
- Tread water for two minutes

Dates	Days	Times	Res.	N-Res.	Activity
4/2-4/5	Mon-Thu	8am-1pm	\$150	\$190	133506_01

Registration is available online at www.el-cerrito.org/onlinereg or in-person at the Community Center.



(510) 559-7011
recreation@ci.el-cerrito.ca.us
www.el-cerrito.org/swim-center