



## Harding After-School Enrichment Program

# HASEP Session 3

Monday, 4/10/23 – Friday, 6/2/23

Online Registration begins Thurs, 3/23 at 9am

<p><b>Mondays</b> (7 classes) 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22 No Class: 5/29</p>	<p><b>Tuesdays</b> (8 classes) 4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30</p>	<p><b>Wednesdays</b> (8 classes) 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31</p>	<p><b>Thursdays</b> (7 classes) 4/13, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1 No Class: 4/20</p>	<p><b>Fridays</b> (7 classes) 4/14, 4/21, 4/28, 5/5, 5/12, 5/19, 6/2 No Class: 5/26</p>
<p><b>Kassirer Basketball</b> <i>Kassirer Sports</i> Grades: 1-6 Harding Blacktop Time: 2:50-3:50pm Fee: \$174 Activity #122706-01</p>	<p><b>Textiles with Tracey</b> <i>Tracey Shababo</i> Grades: 1-3 Room 141 Time: 2:50-3:50pm Fee: \$182 Materials Fee: *\$50 Activity #122700-02</p>	<p><b>Super Soccer Stars</b> <b>Classic Skills</b> <i>Super Soccer Stars</i> Grades: 1-3 Harding Field Time: 2:10-2:55pm Fee: \$166 Activity #122721</p>	<p><b>Circus Arts: Level 1</b> <i>Slim Chance Circus</i> Grades: 1-6 Harding Auditorium Time: 2:50-4:05pm Fee: \$161 Activity #122716-02</p>	<p><b>Off the Block STEM</b> with LEGO® <b>Off the Block STEM</b> Grades: 1-5 Harding Auditorium Time: 2:50-4:20pm Fee: \$181 Activity #122709</p>
<p><b>Machine Sewing</b> with Tracey <i>Tracey Shababo</i> Grades: 4-6 The Lab Time: 2:50-3:50pm Fee: \$203 Materials Fee: *\$50 Activity #122700-01</p>	<p><b>Lil Ninja Warrior</b> <b>X-Fit Training</b> Grades: 1-6 Harding Field Time: 2:50-3:40pm Fee: \$149 Activity #122767</p>	<p><b>Circus Arts: Level 2</b> <i>Slim Chance Circus</i> Grades: 2-6 Harding Auditorium Time: 2:10-3:25pm Fee: \$182 Activity #122716-01</p>	<p><b>Fun Environmental</b> <b>Science</b> <i>Veronica Medina-Ross</i> Grades: 2-5 Room 146 Time: 2:50-3:50pm Fee: \$159 Materials Fee: *\$17 Activity #122753</p>	<p><b>Kassirer Tennis</b> <i>Kassirer Sports</i> Grades: 2-6 Harding Tennis Courts Time: 2:50-3:50pm Fee: \$174 Activity #122706-02</p>
<p><b>SCHOLARSHIPS AVAILABLE!</b> See page 4</p> <p>*Materials fees must be paid separately, directly to the class instructor. Your registration receipt will contain information on paying this via app (PayPal/Venmo) or check.</p>		<p><b>Karate</b> <i>Mind Body Dojo</i> Grades: 3-6 Harding Blacktop Time: 2:10-3:10pm Fee: \$112 Activity #122772 <b>NO CLASS 4/19, 4/26</b></p>	<p><b>Improv &amp;</b> <b>Theater Games</b> <i>Geri Engberg</i> Grades: 2-6 Harding Blacktop Time: 2:50-3:50pm Fee: \$145 Activity #122746</p>	

More information available at [www.el-cerrito.org/asep](http://www.el-cerrito.org/asep).

Program details, including schedule, subject to change. Please remember to register early.  
Under-enrolled classes may be cancelled 2-3 business days prior to the first class.

## HARDING AFTER SCHOOL ENRICHMENT PROGRAM

# HASEP Session 3: Spring 2023

Online Registration begins Thursday, March 23 at 9am  
Classes Begin the week of April 10

Together with your school and parent groups, The El Cerrito Recreation Department coordinates with professional instructors, coaches and organizations to host a variety of classes held conveniently after school on the Harding campus. We strive to offer a program that allows students to discover and develop new passions in academics, visual arts, athletics, engineering, performing arts and more!

1. Online registration and payment of course fees can be completed at [www.el-cerrito.org/onlinereg](http://www.el-cerrito.org/onlinereg). Registration is accepted online only through the El Cerrito Recreation Department.
2. HASEP inquiries can be directed to the El Cerrito Recreation Department at [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us) or (510) 559-7000.
3. Registration will be open for all at the same time and is first come, first served. All classes have varying minimum and maximum enrollment sizes. Classes may be subject to cancellation if minimum enrollment is not fulfilled. You will receive a full refund if a class is cancelled due to low enrollment. A waitlist will be maintained for classes that fill to their maximum enrollment. There is no charge to be added to a class waitlist. If a space becomes available, waitlist families will be contacted by the Recreation Department.
4. During the online registration process, all registrants will be asked to agree to the HASEP Policy Statement and Waiver. Please review these policies carefully, as they contain important information on, check-in and pick-up, materials fees, refunds, inclement weather procedures and more.
5. If applicable, Materials Fees must be paid directly to the HASEP course instructor by the first day of class. Failure to pay materials fees by the 3<sup>rd</sup> class may result in dismissal from class with no refund of the paid course fee. Your registration receipt will contain information on paying the Materials Fee.
6. Many HASEP classes take place outdoors. **Outdoor classes are subject to cancellation due to inclement weather such as heavy rain or poor air quality.** Families will be notified via email and/or phone call at approximately 12pm on the day of class if classes are cancelled. Every effort will be made to add make-up time for missed class time due to inclement weather. If make-up time is not possible, families will receive a prorated credit on their account. **Families must be prepared with alternate after-school plans if HASEP classes are cancelled.** Please check your email regularly on HASEP class days.
7. COVID-19 protocols will follow school guidelines. Students are required to stay home if exhibiting any signs of illness or fever. If a student did not attend school due to illness, they may not attend their HASEP class. Students who have been exposed to COVID-19 are required to wear face coverings during class.
8. Harding Aftercare students must check-in at the Harding Clubhouse or MPR prior to their HASEP class. City Staff will escort them to their HASEP class. All other students must check in directly with the class instructor at the class location.



## MONDAY

### **Kassirer Basketball:** Kassirer Sports

Grades: 1-6

Kassirer Basketball was developed by a former professional athlete and provides players the opportunity to learn quality fundamentals as well as defensive and offensive tactics. Players will enjoy basketball games and small scrimmages each week. Coaches will group by grade to teach to each player's ability, as well as emphasize sportsmanship, communication, technique, and teamwork. They aim to instill that every child can succeed through persistence and practice, and to make sure your kids are socializing and smiling a lot!

### **Machine Sewing with Tracey:** Tracey Shababo

Grades: 4-6

This small group class is an all-levels introduction to machine sewing. Students will learn how to use a pattern, pin a project, and machine sew. We will explore different fabrics and learn about fiber and weave as we create several projects over the semester. **\$50 Materials Fee due directly to instructor by the first day of class.** Materials Fee will be used for project supplies including but not limited to fabric, thread, material, etc.

## TUESDAY

### **Textiles with Tracey:** Tracey Shababo

Grades: 1-3

This all-levels class is an exploration of fiber and needle arts. Each class will focus on creative hands-on projects that may include felting, sewing, embroidery, weaving, knitting, quilting and more. Students will be encouraged to explore their artistic passion while learning practical and enjoyable craft skills. Students will also be introduced to the ways that a handwork circle can become a supportive community of makers. **\$50 Materials Fee due directly to instructor by the first day of class.** Materials Fee will be used for project supplies including but not limited to fabric, yarn, thread, embroidery floss, ribbon, elastic, dye, etc.

### **Lil Ninja Warrior:** X-Fit Training

Grades: 1-6

Would you like your child to be the next "Ninja Warrior"? X-Fit's Lil Ninja Warrior program is designed for all athletic levels. This is a non-competitive activity that helps participants develop motor skills, core strength, and balance, as well as control their body in an athletic atmosphere. Lil Ninjas will be getting physically fit while enjoying a variety of games, drills, and overcoming obstacle courses.

## WEDNESDAY

### **Super Soccer Stars Classic Skills:** Super Soccer Stars

Grades: 1-3

Players will improve their elementary capacity through fun games, technical skill development and group activities. The focus of this session is to increase spatial awareness and develop team skills in a game environment. Emphasis is placed on working with teammates and building skills that can be easily transferred into future games. Players will enjoy ball activities with high repetitions to promote muscle memory that builds confidence and ball control skills.

### **Circus Arts Level 2:** Slim Chance Circus

Grades: 2-6

This class is recommended for students who have previously taken Circus Arts classes and are looking to further their circus skills such as juggling, unicycling, stilt walking, rolla bolla, and acrobatics. Students will also improve their theatrical expression, clowning techniques, and creative movement.

### **Karate:** Mind Body Dojo

Grades: 3-6

This class provides the opportunity for students to learn karate in a safe and structured environment. Mark Sensei leads a highly engaging and interactive class. Students will start with basics and progress to partner work, using pads and equipment and eventually fill leadership and teaching roles. Includes free white belt. **There is no class on 4/19 or 4/26.**

## THURSDAY

### **Circus Arts Level 1:** Slim Chance Circus

Grades: 1-6

Circus Arts is a great introductory experience for young people new to circus. This class offers children the opportunity to learn a wide range of circus skills with an emphasis on juggling, unicycling, stilt walking, rolla bolla and acrobatics. Students will also be introduced to theatrical expression, clowning and creative movement.

### **Fun Environmental Science:** Veronica Medina-Ross

Grades: 2-5

In this program, students will learn about our planet with hands-on experiments and fun activities. They will learn about ecosystems and habitats, as well as how human activities have affected them. Students will learn the importance of food chains in healthy ecosystems. Also in this session, students will learn about the causes and effects of climate change in habitats, and in particular on ocean habitats and in ecosystems like coral reefs. At the end of this program, students will be aware of ways to protect our planet. For more information about this program you can visit: <https://sites.google.com/view/vmr-funenvironmentalscience/home>.

**\$17 Materials Fee due directly to instructor by the first day of class.** Materials Fee will be used project and experiment supplies, worksheets, and other take-home items.

### **Improv & Theater Games:** Geri Engberg

Grades: 2-6

Participants will be introduced to basic concepts of comedy improv such as “yes and” (enthusiastically accepting what is offered), “group mind” (listening to each other and working as a team) and “space object work” (miming). Using warm-up exercises and improv “structures,” students will be encouraged to trust their instincts, think on their feet and support each other. They will also laugh a lot! This is great class for building confidence.

## FRIDAY

### **Off the Block STEM with LEGO®:** Off the Block STEM

Grades: 1-5

If you can think it, you can build it! Off the Block STEM will help your child explore fundamental STEM concepts as a part of a fun, engaging environment in which they learn as they play. There are no mistakes, only early prototypes! Every LEGO® build is accompanied by a sense of accomplishment that directly fuels self-esteem. Instructor Ian is the founder at Off the Block STEM and has experience teaching LEGO® STEM programs for over 10 years.

### **Kassirer Tennis:** Kassirer Sports

Grades: 2-6

Kassirer Tennis was created by Laura Kassirer, a former Wimbledon player. Coaches provide junior racquets & starter balls, and emphasize sportsmanship and teamwork while instilling that every child can succeed through persistence and practice. Players will learn professional quality fundamentals and enjoy group games while improving fitness, hand-eye coordination, agility, and ability to rally. Class will be grouped by grade so coaches can teach to each player's level and abilities. Coaches also make sure players are socializing, staying active and smiling a lot!

**SCHOLARSHIPS AVAILABLE:** The City of El Cerrito's **David Hunter Youth Memorial Scholarship Fund** is available to eligible families seeking financial assistance. This covers a maximum of 75% of course fees, not to exceed \$300 per year, per child. Applications are available online at [www.el-cerrito.org/scholarship](http://www.el-cerrito.org/scholarship). Completed applications can be submitted to [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us).

HASEP is administered by the El Cerrito Recreation Department in coordination with your school. Questions about course content, instructors, fees, missed or cancelled classes, etc., should be directed to the El Cerrito Community Center: [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us), (510) 559-7000.