



## Fairmont After-School Enrichment Program

# FASEP Session 3

**Monday, 4/10/23 – Friday, 6/2/23**

Online Registration begins Wednesday, 3/22 at 9am

<b>Mondays</b> (7 classes) 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22 No Class: 5/29	<b>Tuesdays</b> (8 classes) 4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23, 5/30	<b>Wednesdays</b> (8 classes) 4/12, 4/19, 4/26, 5/3, 5/10, 5/17, 5/24, 5/31	<b>Thursdays</b> (7 classes) 4/13, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1 No Class: 4/20	<b>Fridays</b> (7 classes) 4/14, 4/21, 4/28, 5/5, 5/12, 5/19, 6/2 No Class: 5/26
<b>Adventures in Art</b> <b>Lisa diPrima</b> Grades: 3-6 Classroom 3 Time: 2:50-4pm Fee: \$131 Materials Fee: *\$15 Activity #122913-01	<b>Super Soccer Stars Classic Skills</b> <b>Super Soccer Stars</b> Grades: 1-4 Fairmont Field Time: 2:50-3:35pm Fee: \$166 Activity #122921	<b>Kassirer Tennis</b> <b>Kassirer Sports</b> Grades: 1-6 Fairmont Blacktop Time: 2:15-3:15pm Fee: \$199 Activity #122922-02	<b>Art with Heart</b> <b>Lisa diPrima</b> Grades: 1-2 Classroom 3 Time: 2:50-3:50pm Fee: \$131 Materials Fee: *\$15 Activity #122913-02	<b>Sensational Science for Kids</b> <b>Veronica Medina-Ross</b> Grades: 1-4 Room 11 Time: 2:50-3:50pm Fee: \$145 Materials Fee: *\$15 Activity #122953
<b>Track &amp; Field</b> <b>Kassirer Sports</b> Grades: 1-6 Fairmont Field Time: 2:50-3:50pm Fee: \$174 Activity #122922-01		<b>Improv &amp; Theater Games</b> <b>Geri Engberg</b> Grades: 2-6 Kindergarten Playground Time: 2:15-3:15pm Fee: \$166 Activity #122949-02	<b>Basketball</b> <b>Kassirer Sports</b> Grades: 1-6 Fairmont Blacktop Time: 2:50-3:50pm Fee: \$174 Activity #122922-03	<b>Volleyball</b> <b>Kassirer Sports</b> Grades: 3-6 Fairmont Blacktop Time: 2:50-3:50pm Fee: \$174 Activity #122922-04

**More information available at [www.el-cerrito.org/asep](http://www.el-cerrito.org/asep).**

FASEP is administered by the El Cerrito Recreation Department. Questions can be directed to the El Cerrito Community Center: [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us), (510) 559-7000.

**SCHOLARSHIPS AVAILABLE!** The City of El Cerrito's **David Hunter Youth Memorial Scholarship Fund** is available to eligible families seeking financial assistance. This covers a maximum of 75% of course fees, not to exceed \$300 per year, per child. Applications are available online at [www.el-cerrito.org/scholarship](http://www.el-cerrito.org/scholarship). Completed applications can be submitted to [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us).

FAIRMONT AFTER SCHOOL ENRICHMENT PROGRAM

# FASEP Session 3: Spring 2023

Online Registration begins Wednesday, March 22 at 9am  
Classes Begin the week of April 10

Together with your school and parent groups, The El Cerrito Recreation Department coordinates with professional instructors, coaches and organizations to host a variety of classes held conveniently after school on the Fairmont campus. We strive to offer a program that allows students to discover and develop new passions in academics, visual arts, athletics, engineering, performing arts and more!

1. Online registration and payment of course fees can be completed at [www.el-cerrito.org/onlinereg](http://www.el-cerrito.org/onlinereg). Registration is only accepted online through the El Cerrito Recreation Department.
2. FASEP inquiries can be directed to the El Cerrito Recreation Department at [recreation@ci.el-cerrito.ca.us](mailto:recreation@ci.el-cerrito.ca.us) or (510) 559-7000.
3. Registration will be open for all at the same time and is first come, first served. All classes have varying minimum and maximum enrollment sizes. Classes may be subject to cancellation if minimum enrollment is not fulfilled. You will receive a full refund if a class is cancelled due to low enrollment. A waitlist will be maintained for classes that fill to their maximum enrollment. There is no charge to be added to a class waitlist. If a space becomes available, waitlist families will be contacted by the Recreation Department.
4. During the online registration process, all registrants will be asked to agree to the FASEP Policy Statement and Waiver. Please review these policies carefully, as they contain important information on, check-in and pick-up, materials fees, refunds, inclement weather procedures and more.
5. If applicable, Materials Fees must be paid directly to the FASEP course instructor by the first day of class. Failure to pay materials fees by the 3<sup>rd</sup> class may result in dismissal from class with no refund of the paid course fee. Your registration receipt will contain information on paying the Materials Fee.
6. Many FASEP classes take place outdoors. **Outdoor classes are subject to cancellation due to inclement weather such as heavy rain or poor air quality.** Families will be notified via email and/or phone call at approximately 12pm on the day of class if classes are cancelled. Every effort will be made to add make-up time for missed class time due to inclement weather. If make-up time is not possible, families will receive a prorated credit on their account. **Families must be prepared with alternate after-school plans if FASEP classes are cancelled.** Please check your email regularly on FASEP class days.
7. COVID-19 protocols will follow school guidelines. Students are required to stay home if exhibiting any signs of illness or fever. If a student did not attend school due to illness, they may not attend their FASEP class. Students who have been exposed to COVID-19 are required to wear face coverings during class.
8. Fairmont Aftercare students must check-in at the Fairmont Clubhouse or MPR prior to their FASEP class. City Staff will escort them to their FASEP class. All other students must check in directly with the class instructor at the class location.



## MONDAY

### **Adventures in Art:** Lisa di Prima

Grades: 3-6

In this variety art class students will paint, draw, sculpt in plastiline, and experiment with various printmaking techniques while learning about master colorists in art and history. This class will help develop students' use of and sensitivity to color harmony. They will challenge their imaginations, give free rein to their unique ideas, and have fun! **\$15 Materials Fee due by the first day of class.** Materials Fee will be used for project supplies and art materials.

### **Track & Field:** Kassirer Sports

Grades: 1-6

Kassirer Track & Field was created by a former pro athlete, and designed for students to have fun improving their speed, agility and fitness while being introduced to various track events. Each week, players will get to play track games, utilize agility ladders, and run obstacle courses, plus participate in various track activities including relay races, sprints and long jumps. Participants are encouraged to work towards accomplishing individual and team goals and take pride in their improvements. Kassirer Sports helps youth become better athletes while having fun and socializing.

## TUESDAY

### **Super Soccer Stars Classic Skills:** Super Soccer Stars

Grades: 1-4

Players will improve their elementary capacity through fun games, technical skill development and group activities. The focus of this session is to increase spatial awareness and develop team skills in a game environment. Emphasis is placed on working with teammates and building skills that can be easily transferred into future games. Players will enjoy ball activities with high repetitions to promote muscle memory that builds confidence and ball control skills.

## WEDNESDAY

### **Kassirer Tennis:** Kassirer Sports

Grades: 1-6

Kassirer Tennis was created by Laura Kassirer, a former Wimbledon player. Coaches provide junior racquets & starter balls, and emphasize sportsmanship and teamwork while instilling that every child can succeed through persistence and practice. Players will learn professional quality fundamentals and enjoy group games while improving fitness, hand-eye coordination, agility, and ability to rally. Class will be grouped by grade so coaches can teach to each player's level and abilities. Coaches also make sure players are socializing, staying active and smiling a lot!

### **Improv & Theater Games:** Geri Engberg

Grades: 2-6

Students will be introduced to basic concepts of comedy improv such as "yes and" (enthusiastically accepting what is offered), "group mind" (listening to each other and working as a team) and "space object work" (miming). Using warm-up exercises and improv "structures," they will be encouraged to trust their instincts, think on their feet and support each other. They will also laugh a lot! This is great class for building confidence and strengthening listening skills.

## THURSDAY

**Art with Heart:** Lisa di Prima

Grades: 1-2

In this nurturing, nonjudgmental class our youngest artists will paint, draw, collage, and sculpt while expressing their unique and wonderful imaginations. Classes will begin with an illustrated story book to inspire children to create original pieces. A friendly good-bye circle ends the class with a smile. **\$15**

**Materials Fee due by the first day of class.** Materials Fee will be used for project supplies and art materials.

**Basketball:** Kassirer Sports

Grades: 1-6

Kassirer Basketball was developed by a former professional athlete and provides players the opportunity to learn quality fundamentals as well as defensive and offensive tactics. Players will enjoy basketball games and small scrimmages each week. Coaches will group by grade to teach to each player's ability, as well as emphasize sportsmanship, communication, technique, and teamwork. They aim to instill that every child can succeed through persistence and practice, and to make sure your kids are socializing and smiling a lot!

## FRIDAY

**Sensational Science for Kids:** Veronica Medina-Ross

Grades: 1-4

This science program is based on learning through exploration and experimentation. Kids will learn the science behind current topics such as environmental science, life science, biology, chemistry and forensics. Students will also learn that with science we can make art projects. Hands-on experiments are designed to be fun and will also assist in developing skills of inquiry and investigation. They will teach the scientific process while creating inspiring and surprising results. **\$15 Materials Fee due by the first day of class.**

Materials Fee will be used for project and experiment supplies, class worksheets and more.

**Volleyball:** Kassirer Sports

Grades: 3-6

Kassirer Volleyball was developed by a former professional athlete and provides players the opportunity to learn quality fundamentals with an emphasis on serving and bumping. Players will enjoy volleyball drills and small scrimmages each week. Coaches tailor practices to each player's ability, and emphasize sportsmanship, communication, technique, and teamwork. They aim to instill that every child can succeed through persistence and practice, and to make sure your kids are socializing and smiling a lot!